



## **YETI Outdoor Program**

### **Bike Packing - Participant Gear Checklist**

*Some Packs and Winter Clothing Available via the YETI Program*

- Medical – If you require any specific medications (Ventolin, Epinephrine, etc.) make sure you have this with you.
- We have bikes for use. If you are using your own Bike, it should be in working order capable of gravel trails. Suspension is not necessary, however a bike with tires capable of light trail riding is advisable. A safety check will be performed on your first participation day.
- Approved bike helmet (Snell, ASTM, ANSI) free from damage and previous impact. Helmets are available through the program.
- Reusable Water Bottle (1L)
- Extra food appropriate for the time out. (Evening programs will need a small snack. Our weekend trip will have a food and safety pre-trip meeting)
- Rain Jacket
- Items such as a repair kit, jacket, tube, snacks, etc for our full day trip. More discussion on this will happen during our pre-trip meeting