



YETI Outdoor Program

Advanced Mountain Bike Program - Participant Equipment Checklist

- Medical – If you require any specific medications (Ventolin, Epinephrine, etc.) make sure you have this with you.
- Mountain Bike in working order capable of advanced (Blue Square-Black Diamond) trails. A full suspension is not necessary, however an aggressive hardtail with longer travel front fork should be the minimum for this program. Have Mr. Fisher perform a quick bike check before the program begins if you have questions.
- Approved bike helmet (Snell, ASTM, ANSI) free from damage and previous impact. A full face helmet is not required, but recommended.
- Reusable Water Bottle (1L)
- Extra tube (even if you have tubeless)
- Extra food appropriate for the time out. (Evening rides may need a small snack. Our weekend trip will have a food and safety pre-trip night)
- Rain Jacket
- Small pack to carry items such as repair kit, jacket, tube, snack, etc.

- Optional Items
 - Knee and/or shin pads
 - Riding Gloves
 - Small repair kit