



## YETI Outdoor Program

### AO Wheeler Hut Trip - Participant Equipment Checklist

- Medical - If you require any specific medications (Ventalin, Epinephrine, etc.) make sure you have this with you. Inform the trip leader.
- Food - Personal Snacks and assigned food from the pre-trip meeting.
- Reusable 1L filled Water Bottle (YETI Green bottle would be a good choice!)
- Solid Shoes.** These can be good runners or hiking boots/shoes.
- Sleeping Bag (YETI Program has ones to borrow if needed)
- Toiletries
- Hat and Sunglasses
- Layers: we **MAY** encounter cool conditions at this time of year.
  - Good water resistant jacket
  - Warm top layer
  - Base layer
  - Water resistant bottom layer
  - Warm Bottom Layer
  - **Extra socks (Sacred Socks in ziplock bag)**
  - Gloves or Mitts
  - Toque