



YETI Outdoor Program

Winter Camp- Participant Gear Checklist

Some Packs and Winter Clothing Available via the YETI Program

- MEDICAL** - If you require any specific medications (Ex: Ventalin, Epinephrine, etc.) make sure you have this with you.
- FOOD**
 - Use the food list we created during the safety night!
 - Personal snacks as required
- PACK** - Needs to hold sleeping bag, pad, clothes, food and your portion of the tent
- Reusable 1L waterbottle
- Light Source** - headlight (recommended) or flashlight
- Winter Footwear** (See Mr. Marzke if snowboard boots are to be used that they will fit the snowshoes)
- Warm Winter Gloves** (Weather Resistant) and **Toque**
- Extra Dry Clothes** for the evening and **Sacred Socks**
- Sunglasses**
- Layers: avoid cotton if possible
 - Winter Jacket (Shell or Lined)
 - Warm Top Layer
 - Base Top Layer
 - Waterproof Bottom Layer
 - Thermal Bottom Layer