



## YETI Outdoor Program

### Fishing Trip - Participant Equipment Checklist

- Medical - If you require any specific medications (Ventolin, Epinephrine, etc.) make sure you have this with you. Inform the trip leader.
- Food - Personal Snacks (All other food provided).
- Reusable 1L filled Water Bottle (YETI Green bottle would be a good choice!)
- Solid Shoes.** These can be good runners or hiking boots/shoes.
- Extra shoes - we may get shoes wet while on the water
- Sleeping Bag and Pad (YETI Program has ones to borrow if needed)
- Tent
- Hat and Sunglasses
- Layers: we **MAY** encounter cool conditions on the water.
  - Good water resistant jacket
  - Warm top layer
  - Base layer
  - Water resistant bottom layer
  - Warm Bottom Layer
  - **Extra socks (Sacred Socks in ziplock bag)**
  - Gloves or Mitts
  - Toque