



## YETI Outdoor Program

### Champion Lakes Day Trip - Participant Gear Checklist

- MEDICAL** - If you require any specific medications (Ex: Ventalin, Epinephrine, etc.) make sure you have this with you.
- FOOD**
  - All food will be provided for this trip
- WATER BOTTLE** - Reusable 1L bottle
- LAYERS:** avoid cotton if possible
  - Waterproof Jacket (Shell or Lined)
  - Warm Top Layer
  - Base Top Layer
  - Waterproof Bottom Layer
  - Thermal Bottom Layer
  - Swimwear and Towel
  - Change of Clothes