



## YETI Outdoor Program

### Indoor Rock Climbing - Gear Checklist

*Harnesses, Chalk Bags, Belay Devices, and Climbing Shoes provided.*

- MEDICAL** - If you require any specific medications (Ex: Ventalin, Epinephrine, etc.) make sure you have this with you.
  
- FOOD**
  - Pack Lunch
  - Early Dinner before return provided.
  - Water Bottle
  
- CLOTHING**
  - Comfortable attire you normally wear for PE class. Nothing too baggy as your harness needs to be over top.