

## **YETI Outdoor Program**

## Banff Leadership Trip - Participant Equipment Checklist

	Medical - If you require any specific medications (Ventalin, Epinephrine, etc.) make sure you have this with you.	
	Food - All Food Provided!	
	Reusable 1L filled Water Bottle (YETI Green bottle would be a good choice!)	
	☐ <b>Solid Shoes</b> . These can be good runners or hiking boots/shoes.	
☐ Swimsuit and Towel for Hot Springs		
☐ Toiletries		
☐ Hat and Sunglasses		
	$\square$ Layers: we <b>WILL</b> encounter cool conditions at this time of year.	
	0	Good water resistant jacket
	0	Warm top layer
	0	Base layer
	0	Water resistant bottom layer
	0	Warm Bottom Layer
	0	Extra socks
	0	Gloves or Mitts
	0	Toque