



YETI Outdoor Program

GROUP CAMP - Participant Equipment Checklist

Sleeping Requirements (YETI Program has items to borrow if needed)

- Sleeping Bag
- Sleeping Pad
- Tent

Personal Requirements

- Medical - If you require any specific medications (Ventalin, Epinephrine, etc.) make sure you have this with you. Inform the trip leader.
- Food - Personal Snacks
- Reusable 1L filled Water Bottle (YETI Green bottle would be a good choice!)
- Solid Shoes.** These can be good runners or hiking boots/shoes.
- Toiletries
- Hat and Sunglasses
- Layers: we **MAY** encounter cool conditions at this time of year.
 - Good water resistant jacket
 - Warm top layer
 - Water resistant bottom layer
 - Warm Bottom Layer
 - **Extra socks (Sacred Socks in ziplock bag)**
 - Gloves or Mitts
 - Toque