



## YETI Outdoor Program

### Spirit Rock Trip (Kimberley) - Participant Equipment Checklist

- Medical - If you require any specific medications (Ventalin, Epinephrine, etc.) make sure you have this with you.
- Lunch for Sunday (or money) and Snacks if necessary. Dinner on Saturday and Breakfast on Sunday is provided.
- Day Pack - The one you use for school will work fine for this trip.
- Reusable Water Bottle
- Change of clothes for the gym
- Toiletries
- Clothing to sleep in.
- Sleeping Bag and Sleeping Pad. A few hammocks will be available for the Saturday night stay at the climbing gym. YETI has equipment if you need a sleeping bag or pad.
- Warm clothes and jacket. We will be walking through the Platzl on Saturday evening and Sunday Morning.